



HOW STAR CAN BRING IMPACT TO YOUR SCHOOL



Child Health
and Wellbeing
Network



Schools are facing widening disadvantage gaps, increased mental-health needs and pressure on attainment. STAR responds by offering an inclusive, accessible programme that boosts wellbeing, strengthens engagement, ignites curiosity and expands cultural capital. Across 2,543 pupils in nine schools, STAR has shown measurable improvements in creativity, fitness, behaviour, literacy, confidence and participation.

CURRICULUM IMPACT

STAR aligns with strongly with the primary national curriculum



Physical Education: Develops coordination, balance, strength and expressive movement, supporting confidence and sustained physical activity.



PSHE: Builds empathy, emotional literacy, self-regulation and resilience, while offering safe spaces for identity and relationship exploration.



English & Literacy: Teachers report improved vocabulary, listening, speaking, creative thinking, and greater willingness to take risks in learning.



Art & Design / Performing Arts: Provides meaningful engagement with professional artists, enabling improvisation, composition and authentic arts experiences rarely accessible in disadvantaged areas.

OFSTED 2026 ALIGNMENT

The evolving 2026 framework emphasises curriculum breadth, strong cultural education and personal development. STAR supports these expectations by:



Enriching curriculum quality through sustained creative learning



Strengthening engagement, attendance and self-expression



Offering rich cultural capital, including theatre visits, performances and collaborative arts events which enhances personal development



Building Character through collaboration, oracy and taking safe risks.

INCLUSION AT THE CENTRE

Grounded in inclusive practice, STAR ensures every child can participate meaningfully. The programme uses adult modelling, adaptable choreography and scaffolded tasks to support diverse learning needs. Pupils who often struggle in traditional classroom settings—including SEND, LAC, PP, CP and CIN—frequently demonstrate the greatest gains in confidence, expression and engagement. A headteacher described STAR as “a chance for children who often feel invisible to shine.”

CHARACTER, WELLBEING & CREATIVE HEALTH

STAR nurtures key character skills such as resilience, adaptability, self-belief and teamwork. Through embodied learning, pupils develop the ability to respond to challenge, express themselves and collaborate creatively. The programme affirms identity and celebrates diversity, ensuring equitable access to meaningful cultural experiences that foster belonging and self-worth.

STORYTELLING & PSHE INTEGRATION

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A WHOLE-SCHOOL, SUSTAINABLE MODEL

Delivered in eight-week blocks with teacher CPD, family engagement and a clear progression of skills, STAR becomes part of a school's culture rather than a one-off workshop. The programme enhances relationships at home and school, with 70.9% of children wanting to take part again and teachers reporting clear transfer of skills back into classroom learning