

Information Pack

PULSE



**Bringing professional dance performances
into schools to inspire and educate.**





100%

of teachers said they would
rebook PULSE and recommend
it to others.

NOW TAKING
BOOKINGS
FOR AUTUMN
2025!

What is PULSE?

PULSE is an exciting new dance touring programme for schools across **County Durham**.

Taking place over half a day, and exploring aspects of **KS2 Earth, Space and Light**, PULSE includes the opportunity for pupils to participate in a **dance workshop**, then **watch professional dance** live and close-up before finally taking part in a **post-show discussion** with the artists and creative team.

PULSE has been developed in partnership with Durham University's Astronomy Department.

PULSE also includes pre and post-activity resources and videos to help your school gain maximum benefit from the opportunity.

PULSE is led by TIN Arts, a Durham-based dance development organisation with an international reputation for delivering innovative, exciting and inclusive dance programmes and performances.

What is the offer?

PULSE takes place in schools over a half-day session (morning or afternoon).

The key components are:

On the day:

- A **dance workshop** to warm-up the mind and body and to introduce key concepts through creative play that will be present in the dance performance piece. (40 minutes)
- A **live performance** by professional dance artists (20 minutes)
- A **post-performance discussion** with artists and pupils covering the thematic content of the work as well as wider Q&A with the artists about the creative process. (30 minutes)

Pre-activity resources to introduce the pupils to the programme and to prepare them for the upcoming activity:

- A short trailer of the performance
- Artist interviews
- Info sheets on the creative content and key scientific concepts

Post-activity resources to consolidate learning and reflect upon the activity:

- A recorded version of the full performance
- A resource booklet with activities linked to dance and the theme

Who is the activity for?

PULSE is designed to engage Key Stage 2 pupils to support their exploration of Earth, Space and Light.

The PULSE model is specifically designed for a single class, providing an intimate and unique, close-up experience through the workshop, performance, and post-show discussion.



“There was a clear science focus which pupils could relate to and understand. They are still recalling the planet order using the dance moves.”

Primary School Teacher

Why the name PULSE?

PULSE represents the energy, rhythm, and movement at the heart of dance. It symbolises the heartbeat of the learning experience, bringing the curriculum to life through dynamic performances. It captures both the physical motion of dance and the vital, engaging force behind education, which is embodied through the programme.

CPD Offer

To ensure schools gain the maximum impact from PULSE and to support teachers to feel confident and ready to receive PULSE in to schools, a CPD session is offered free for up to 2 teachers from participating schools.



- Taking place after-school on various dates in September, the 2 hour session will include:
- Overview of PULSE and details about the workshop, performance and discussion
- Exploration of the pre and post PULSE resources and how these can help prepare pupils for the upcoming opportunity as well as continue to explore dance in school after PULSE.
- Further ways of embedding dance in school including warm-ups, creative tasks and simple applicable ideas for 'how to make dances for performance with pupils'.

Dates will be made available upon confirmation of booking a PULSE activity. All CPD takes place in the TIN Dance Space in Durham City, DH1 5BL.

“Our children were transfixed and inspired by the quality of dancing and excited by their own ability to perform some of the professional moves”

Primary School Teacher

Which Key Stage 2 Science National Curriculum Statutory Objectives will PULSE help me teach?

To recognise that we need light in order to see things and that dark is the absence of light

To recognise that shadows are formed when the light from a light source is blocked by a solid object

To use the idea of the Earth's rotation to explain day and night and the apparent movement of the sun across the sky

To describe the movement of the Earth, and other planets, relative to the Sun in the solar system

To describe the movement of the Moon relative to the Earth

To describe the Sun, Earth and Moon as approximately spherical bodies

To recognise that light appears to travel in straight lines

How does it work?

[Watch the trailer here!](#)

Schools can register their interest and dates they would like PULSE to come to their school using this link:

[PULSE Registration Form](#)

We will then be in touch to confirm a date and time slot.

We will send further information at least 2 weeks ahead of the session.

The performance can take place in a hall or classroom setting (if taking place in a classroom setting, the space would need to be clear of chairs and tables and offer a minimum of 9m x 6.5m).

The production is 'stripped down' with no lights or complicated production requirements and so can be accommodated in all school settings and requires minimum set up and pack down time. We also provide our own PA system and are able to accommodate the following floor types: wood or vinyl tiles.

At a suitable point in the process the school will need to confirm which space/s are being used for the session and share photographs of the space/s so we can prepare accordingly.

Costs

PULSE offers a flexible funding model to suit all needs.

Funding from the Into The Light Programme enables us to operate a 'pay what you feel' model meaning that once the activity is completed, you are asked to consider what you would like to pay for the activity.

For those schools able to afford it, we recommend a cost of £200. Below is a breakdown of what you get as part of the PULSE package and we are sure you will agree that it is a bargain!

For those schools with limited funds, we do not want finance to be a barrier so schools may choose an amount between £0 – £200. This means there is no obligation to pay for PULSE. However in this case, we do require a willingness to work together to seek local funding that may be able to help meet the cost of the activity.

For any queries relating to payment, please do contact us and we will be more than happy to explore solutions together.



What does the contribution cover?

- Three professional dance artists
- Two TIN Arts staff on the day
- Workshop and performance development
- Travel and accommodation
- Admin support – scheduling, timetabling and resource packs
- Set, equipment and upkeep
- Learning resources for before and after the visit

This contribution ensures a high-quality, curriculum-linked experience delivered in your own school – with no hidden extras.

Funding

PULSE is part of 'Into the Light', a place-based creative collaboration that will drive long-lasting growth in County Durham.

Into the Light is delivered by Durham County Council in partnership with Beamish Museum, The Bowes Museum, Durham University, Ensemble '84, The Forge, No More Nowt, Northern Heartlands, Redhills CIO and TIN Arts.

It will cultivate talent, widen access to creative education, enhance the skills of the cultural workforce, and break down barriers to working in the creative industries.

PULSE

T!NARTS

INTO THE LIGHT



Durham
University
Science Engagement



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



Funded by
UK Government



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