



GeT!N2 Dance

An exciting daytime dance programme for people who are autistic or have a learning disability.

GeTIN2Dance activities take place each day from Monday to Friday in our modern and accessible dance studio on the edge of Durham City.

Alongside participating in dance activities, GeTIN2Dance also involves regular opportunities to perform in public, engage in learning focused on the benefits of taking part in dance and physical activity as well as lots of opportunities to take part in other arts programmes.

Be
Creative

Develop
relationships

Perform

Improve
mental
wellbeing

Challenge
yourself

DANCE

Increase
physical
fitness

Learn
new skills

Improve
cognitive
skills

Increase
confidence

Share
your
talent



GeTIN2Dance:
non-accredited dance
programmes for people
aged 18+ who are autistic
or have a learning
disability.

Transferable life skills
are developed in a
creative fun
environment.

All activities are led by
professionally trained and
experienced dance artists
and are supported by a
fully-trained support
worker.

Regular opportunities to
perform in public
including professional
theatre settings across
the North of England.

All activities are
tailored to the needs
of participants and
include individual
development plans.



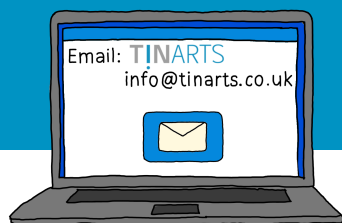
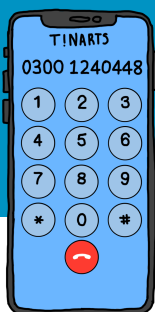
TIN Arts dance
studio in Durham



Weekdays 9.30 to
3.30



£1,980 per annum
(£55 per day, 36
weeks a year)



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

TIN Arts, Old School House, Framwellgate Moor, Durham, DH1 5BL
www.tinarts.co.uk - 0300 1240448 - info@tinarts.co.uk