



GeTIN2Dance

Participant Handbook



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Welcome to TIN Arts!

TIN Arts is an organisation in Durham in the North East of England. We deliver dance programmes and sometimes other arts activities too.

TINARTS

This is your handbook where you will find information about how we work at TIN Arts.

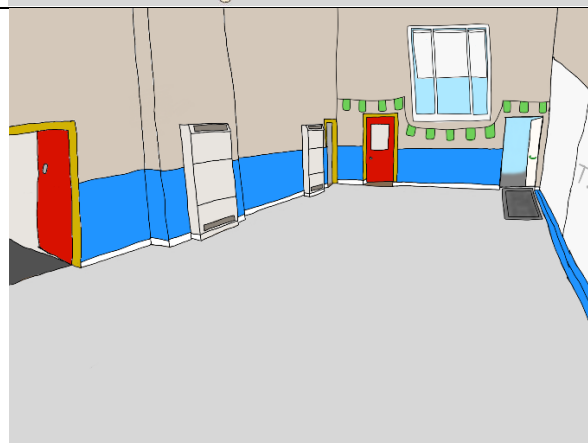


What is GeTIN2Dance?

Our GeTIN2Dance daytime classes are for people who are autistic or have a learning disability and are interested in dance.



Activities take place in the TIN dance studio from Monday to Friday.



GeTIN2Dance sessions take place at:

TIN Arts
Old School House
Front Street
Framwellgate Moor
Durham
DH1 5BL



What happens at GeTIN2Dance?

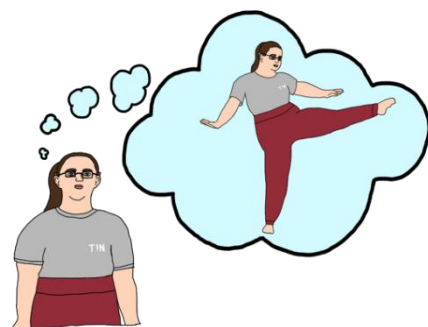
You will learn how to dance and perform.



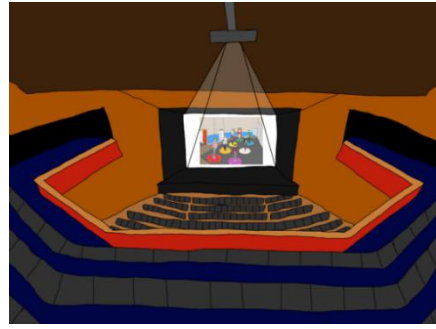
You will work in a safe way and in a safe place.



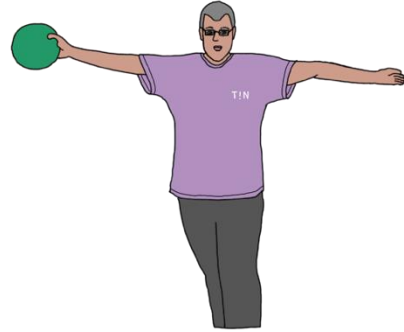
We will help you share your ideas.



We will give you the chance to perform.



We will help you improve your skills.

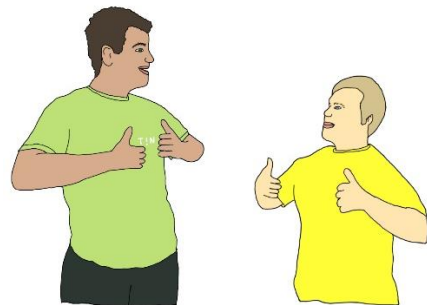


When at TIN Arts, we would like you to

Always work your hardest.



Be kind to the staff and to all members of your group, and work together.



Listen to everyone.



Try to leave personal problems at the door.

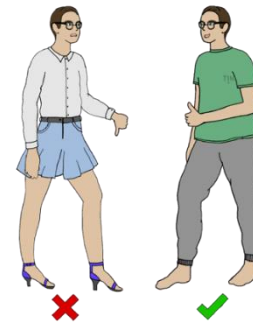
Speak to a support worker if you have a problem.



Keep your kit bag neat and tidy.



Wear the right clothes for dance.



Make sure your mobile phone is switched to silent during sessions.



Have fun and be yourself.



How we make our space as safe as possible for everyone

We all wash our hands regularly.



We have hand sanitiser that we all use when we arrive and before we leave.





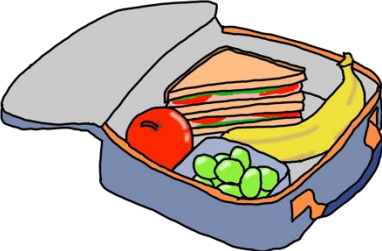

We clean the dance studio and any equipment we use regularly.



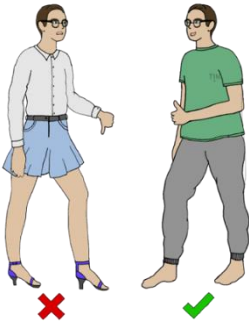
When we are feeling unwell, we do not come to the session.



What to bring with you to TIN Arts

<p>Please bring a kit bag with you to each GeTIN2Dance session. We would like you to bring:</p>	
<p>A bottle of water</p>	
<p>A packed lunch</p>	
<p>Any medication you need</p>	

What to wear when you come to TIN Arts

<p>Please wear comfortable clothes you can move around in easily.</p>	
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You can wear dance shoes or you can dance in bare feet.

Trainers that have non-marking soles are ok.

Outdoor shoes are not allowed because they make the floor dirty.

Please don't dance in your socks because you might slip over.



Remember you will be close to other dancers so please:

use deodorant

and choose clean clothes.



Transport

You will organise your own transport to come to TIN Arts and go home again.



Arriving for GeTIN2Dance sessions

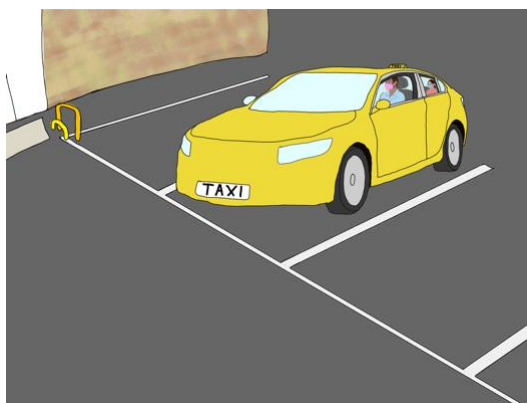
Please arrive at 9:30 am.



Come to the back of the building.



If you are travelling by car, your driver **must** wait with you until you are handed over to a member of the TIN team.

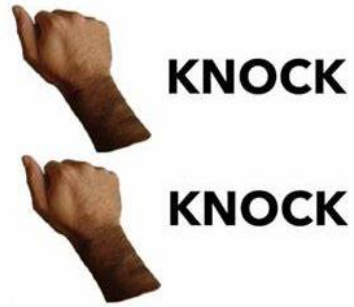


Please don't arrive early to TIN Arts.

This is because the staff need to get the studio ready and sometimes have meetings before 9.30.



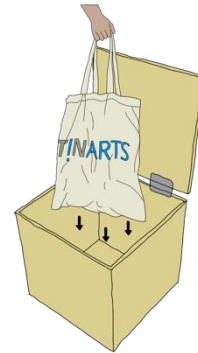
If you have a problem before 9.30, you can knock on the door, and we will help you.



We would like you to use hand sanitiser when you arrive.



When you arrive, find your rest station and put your things in it.

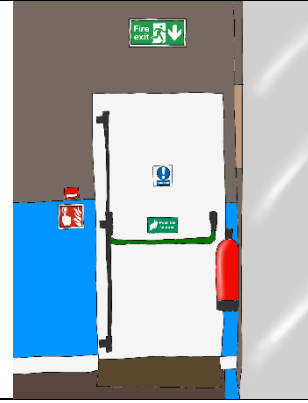


Once everyone has arrived the session will begin.

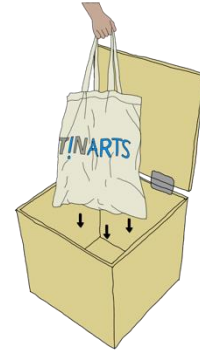


During GeTIN2Dance sessions

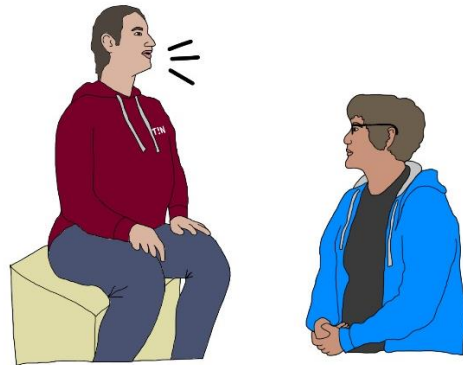
You need to know where the fire exits are. We will show you.



Keep your belongings in your rest station box.



If you hurt yourself or feel ill, please tell a support worker.



Tell a member of staff if you need to leave the room or go to the toilet.

This is so we know where you are and don't worry about you.

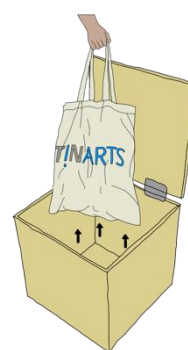


Leaving GeTIN2Dance sessions safely

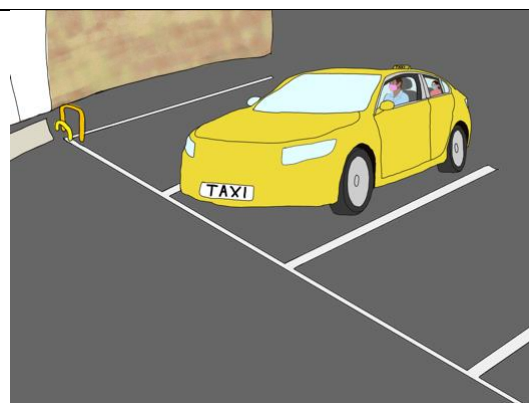
GeTIN2Dance sessions finish at 3:30 pm.



When the session ends, you can collect your things from your rest station and get ready to go home.



When your transport arrives a member of staff will call you.



We would like you to use hand sanitiser when you leave.



It's a good idea to have a shower or a bath before you go to bed on days when you've been dancing. You've been working hard!



If you are unwell, going to be late or need to miss a session:

If you are feeling unwell, please do not come to TIN Arts.



You must not come to TIN Arts within 48 hours of having sickness or diarrhoea.



If you are going to be late or need to miss a session for any reason, please phone us or send us an email so we don't worry about you.



Meet the TIN Team







Tess - the **Artistic Director** - is in charge of all dance activity at TIN Arts.



Martin - the **Executive Director** - is in charge of running the TIN Arts business.



The **Artistic Staff** lead dance and performing arts activity and will help you learn to perform and be creative.

 <p>Tertia</p>	 <p>Kelsey</p>	 <p>Jeremy</p>
 <p>Yuvel</p>	 <p>Maria</p>	 <p>Rachel</p>

The **Support Staff** help you while you are in your class. You can talk to them if you are feeling ill or need someone to talk to.



Karen



Lynne

The **Office Staff** help Martin and sometimes they might contact you.



Claire


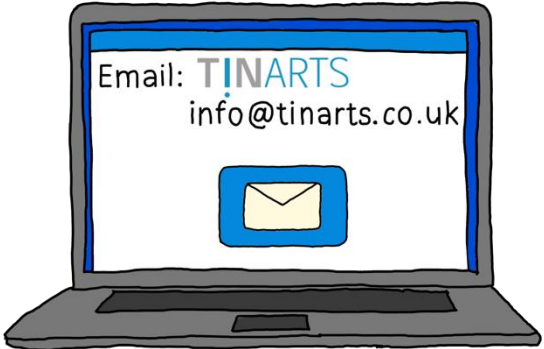


Katharine



Katie

You can contact TIN Arts by

<p>Telephone: 0300 1240448</p>	
<p>Email: info@tinarts.co.uk</p>	
<p>Facebook or Twitter: @tinarts</p>	