

Laura is a vibrant new member of the Monday GeTIN2Dance group, having recently joined in September 2022. This year's Best Foot Forward was her first big performance on stage, and she didn't fail to wow the audience. Best Foot Forward is an annual showcase at the Gala Theatre, featuring work created and performed by artists with a learning disability or who are autistic.



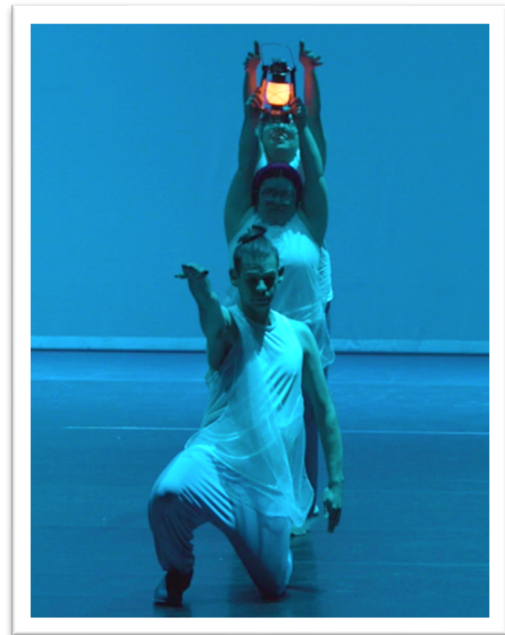
Laura had a brilliant time in rehearsals and found it 'really easy' to learn and master the routine. One of Laura's dance teachers, Maria, remarked on how new members can sometimes take some time to become used to the physical and mental demands of a full day of dancing. Fortunately, this was not the case for Laura! In class, Laura was an 'incredibly determined' individual with a 'great work ethic' which meant that she easily assimilated into the Monday group. That being said, Laura was quite shy when she first started out at TIN Arts and would rarely speak in group discussions. For Maria and all TIN staff, it has been a pleasure to see her confidence flourish and watch her build great relationships with other members of the group.



Laura had a very important extra role in the show, as it was she who eloquently introduced the event to the audience via a pre-recorded video. As for her dance performance, Laura thought it went 'fantastically' and enjoyed absolutely everything about the entire day. Laura loved being on

stage and you could really see a passion for dance and performing shining through as she described the day. In next year's Best Foot Forward it will be great to see even more of Laura's growing talent!

Gill, Laura's mum, reflected on how 'totally positive' Laura was about the whole experience and that she always looked forward to her TIN classes. Regardless of some of the nerves that Laura had before the show, Gill noticed how much her confidence had grown and the excitement managed to override any apprehension. Both of Laura's parents were incredibly proud of her performance and really enjoyed the show. The array of smiling faces and the evident talent shown, due to all the hard work that the performers put in, made Best Foot Forward truly spectacular!



*“When it comes to dance, there is nothing she can't do if she puts her mind to it!” - Maria, a member of TIN Staff*