



Your Guide to

IncludFEST 2022

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About IncludFEST

IncludFEST is an **accessible, inclusive** outdoor arts **festival** for children and families.



IncludFEST is at...

Hardwick Park

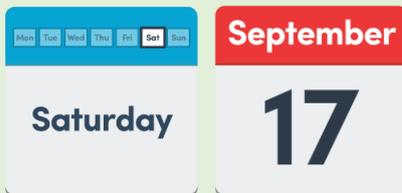
Sedgefield

Stockton-on-Tees

TS21 2DN



It is on Saturday 17th September.



It starts at 11 o'clock and finishes at 4 o'clock.



There is a **carpark** at Hardwick Park. Parking costs £2 for 2 hours or £3 for a whole day.



There are **blue badge spaces** and **electric charging points**.



The nearest **bus stop** is
Sedgefield High Street.



You can find more **information** about
Hardwick Park online:

[HardwickParkVisitorGuide2017.pdf \(durham.gov.uk\)](#)



There are lots of things to see and do at
IncludFEST.



You can **MAKE IT** (arts and
crafts), **WATCH IT**
(performances) and **BE IT**
(joining in activities).





Programme

BE IT - Things you can join in with at IncludFEST



Sing Along with Reg & Bet!

Join our eccentric pair Reggie Rag & Betty Bone for a multi-sensory song and sign session. Be prepared for musical mirth, merriment and mayhem!

MeeMee Theatre's Worlds of Curiosity and Play

Enter MeeMee Theatre's magical world, where beautiful objects come to life to tell a tale or two. Come play and help these stories live again in this place of wonder.



Street Dance Workshop

Join B-Boy Doke on a journey through some of the basics of Breaking and Rocking - the original street dance styles from New York.



Face painting

Get into the festival spirit by having your face painted. Which design will you choose?



The Great Hunt

Reggie Rag has got lost! Join Betty Bone on her hunt to find her missing friend. Explore the park and meet lots of great characters along the way.

String and Strong's Great Big Game-a-thon

String and Strong can't remember how to play the simplest of games, but maybe with a little bit of encouragement from you, they can learn!



Star Bright Arts — Sensory Storytelling

Down on his luck, George lives a lonely life until one day he happens upon a magic box that could change his life!

Come on an interactive story journey, where you can help bring the story to life using magical props, songs and actions!



WATCH IT – Performances you can see at IncludFEST

Big Bloomers

From his mobile potting shed table gardener Hugh shares his green fingered secrets. Meet his prize-winning psychic Sunflower who can guess people's favourite vegetables and see the deadly dangerous Giant Carrot Chopper in action!



Got Your Nose

Be a part of the Great Conk Census. The Nostrillas are here to find the finest nose to add to their collection. Will you help them pick it? Gather round, have a nosey and join in with this fun-filled dance theatre show.



Young People's Dance Platform

Featuring...

TIN Arts

Fishburn Youth Dance

Liberdade



Integrating Children

Musical performance of popular songs you can join in with.





MAKE IT – Things you can create at IncludFEST



Bit & Bob Robots

Discover and explore a range of recycled bits and bobs to make your own hanging robot creation.

Creative Stamping

Explore and discover making art using inexpensive materials. Have a go at stamping with things not made for stamping.

A little magic will happen when we create beautiful colours using a sprinkle of a 'magical colour powder' and a spray of water.



Arts Award Discover

Arts Award Discover is a nationally recognised award, designed for ages 5 and above and open to children and young people aged 25 and under.

This year you can complete Arts Award Discover at IncludFEST. Come to the IncludFEST Hub to find out more.





Access Guide

BSL Interpretation

Our interpreter Caroline is at IncludFEST.



The Mobiloo – the accessible toilet with hoist and changing bed is on-site.



Please bring your own sling if you wish to use the hoist.

Amplified music

In our performance area music and sound will be played through a PA system. We try not to make it too loud.



Quieter space

If you would like to go somewhere quiet, there are lots of spaces in the park away from the IncludFEST activities.





We have **ear defenders** you can borrow at the IncludFEST hub.



Some activities can be **booked in advance**. These sessions will be **quieter** and have **fewer people**.



You can book before IncludFEST by emailing info@tinarts.co.uk or on the day at the IncludFEST hub.

The Royal Box is a gazebo you can book for half an hour to do an arts and crafts activity in a private space. We will bring the activity to you.

You can book before IncludFEST by emailing info@tinarts.co.uk or on the day at the IncludFEST hub.



IncludFEST is **wheelchair accessible**. Most of the paths in Hardwick Park look like the picture below. IncludFEST activities can be reached by flat paths. Other paths in the park might be muddy and there are some slopes.





Facilities

At the **IncludFEST hub** you can find more information about the festival. Come and see us if you have questions or need help. This is also the lost children point.



If you hurt yourself or feel unwell, ask for our **first aiders**.



In the **visitor centre** you can find a café and toilets.



The **IncludFEST team** are wearing purple jackets. They can answer any questions you have and help you find activities.

