

Rachel

Who are you?

I am Rachel, 21, Female. I am from the North East of England. I work as a Dance Practitioner at TIN Arts.

Which Community Champion are you a Buddy for?

I am the TIN Buddy for two Community Champions. I was delighted that I was given this opportunity, especially because I can see the potential they both have.

What have you done so far with your Community Champion?

So far, I have helped my Community Champions present PowerPoints about the 4 A's. Looking back at week 1 to where we are now has been incredible. Both of the Community Champions I have worked with have come such a long way in a short space of time. We have created logos together, have planned what shirts and hoodies will look like for the Community Champions and have been working on teaching exercises to the youth groups on a Friday. The confidence in both Community Champions has grown dramatically since starting this project.

How do you think your role as a Buddy has been beneficial?

My role has definitely been beneficial in terms of giving both my Champions the confidence they have needed to get started in their role. They have shown that they are willing to speak up and talk about TIN Arts as well as showing amazing teaching and delivery skills. It has been and is great to give an insight of the behind the scenes to these Champions.

Have you seen any change in your Community Champion or others?

I have seen a dramatic change in both Champions. Their confidence has dramatically increased in both their Activity Leader and Ambassador roles. I also see another Champion on a Thursday and she has been fabulous whilst delivering the 4 A's PowerPoint. I have also seen an increased interest in participants on different days into the Community Champions. Many now seeing a path they might like to follow. The Community Champions have been a great source of inspiration to the rest of the TIN Family.

